

# March 2010 Meals & Food Banks - A project of the Hunger Relief Action Coalition

# Meal Calendar

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
	1 12-2 pm - <b>At^Iohsa</b> 5:30 pm - <b>First St Andrew's</b>	2 9-11 am - <b>Bishop Cronyn Memorial Church</b> 12-2 pm - <b>At^Iohsa</b> 5:30-7 pm - <b>Robinson Memorial</b>	3 11-12:30 pm - <b>Salvation Army Westminster Park</b> 11-1 pm - <b>Salvation Army Hillcrest</b> 12-2 pm - <b>At^Iohsa</b> 5:15 pm - <b>Centre of Hope</b> 5:30 pm - <b>Dundas Centre United</b>	4 12-2 pm - <b>At^Iohsa</b> 5:30-6:30 pm - <b>New St. James</b>	5 12-2 pm - <b>At^Iohsa</b> 5:30 pm - <b>Metropolitan United</b>	6 9-11 am - <b>St. James Westminster</b> 5-6 pm - <b>St John</b>	
7 9-9:30 am - <b>Salvation Army Westminster Park</b> 5:15 pm - <b>Centre of Hope</b> 5:30 - 6:30 pm - <b>Trinity United</b>	8 12-2 pm - <b>At^Iohsa</b> 5:30 pm - <b>First St Andrew's</b>	9 9-11 am - <b>Bishop Cronyn Memorial Church</b> 12-2 pm - <b>At^Iohsa</b> 5:30-7 pm - <b>Robinson Memorial</b>	10 11-12:30 pm - <b>Salvation Army Westminster Park</b> 11-1 pm - <b>Salvation Army Hillcrest</b> 12-2 pm - <b>At^Iohsa</b> 5:15 pm - <b>Centre of Hope</b> 5:30 pm - <b>Dundas Centre United</b>	11 12-2 pm - <b>At^Iohsa</b> 5:30-6:30 pm - <b>New St. James</b> 5:30-6:30 pm - <b>First Baptist Church</b>	12 12-2 pm - <b>At^Iohsa</b> 5:30 pm - <b>Metropolitan United</b>	13 9-11 am - <b>Wesley Knox</b> 9-11 am - <b>St. Luke's</b> 5-6 pm - <b>St John</b>	
14 9-9:30 am - <b>Salvation Army Westminster Park</b> 12:30-2:30 pm <b>London Jewish Community Centre</b> 5:15 pm - <b>Centre of Hope</b> 5:30 pm - <b>Wellington United</b>	15 12-2 pm - <b>At^Iohsa</b> 5:30 pm - <b>First St Andrew's</b>	16 7:30-10:30 am - <b>East London Anglican Ministries</b> 9-11 am - <b>Bishop Cronyn Memorial Church</b> 12-2 pm - <b>At^Iohsa</b> 5:30-7 pm - <b>Robinson Memorial</b>	17 11-1 pm - <b>Salvation Army Hillcrest</b> 12-2 pm - <b>At^Iohsa</b> 5:15 pm - <b>Centre of Hope</b> 5:30 pm - <b>Dundas Centre United</b>	18 12-2 pm - <b>At^Iohsa</b> 5:30-6:30 pm - <b>New St. James</b> 6-7 pm - <b>New Life Centre</b>	19 12-2 pm - <b>At^Iohsa</b> 5:30 pm - <b>Metropolitan United</b>	20 9-10:30 am - <b>Rowtree</b> 9-11 am - <b>Calvary United</b> 5-6 pm - <b>St John</b>	
21 9-9:30 am - <b>Salvation Army Westminster Park</b> 5:15 pm - <b>Centre of Hope</b> 5-6 pm - <b>St. Martin of Tours Church</b> 5:30-7 pm - <b>Grace United Church</b>	22 12-2 pm - <b>At^Iohsa</b> 5:30 pm - <b>First St Andrew's</b>	23 9-11 am - <b>Bishop Cronyn Memorial Church</b> 12-2 pm - <b>At^Iohsa</b> 5:30-7 pm - <b>Robinson Memorial</b>	24 11-1 pm - <b>Salvation Army Hillcrest</b> 12-2 pm - <b>At^Iohsa</b> 5:15 pm - <b>Centre of Hope</b> 5:30 pm - <b>Dundas Centre United</b>	25 12-2 pm - <b>At^Iohsa</b> 5:30-6:30 pm - <b>New St. James</b>	26 12-2 pm - <b>At^Iohsa</b> 5:30 pm - <b>Metropolitan United</b>	27 9-11 am <b>Christ Anglican</b> 9-11 am <b>St Martin of Tours Church</b> 5-6 pm - <b>St John</b>	
28 9-9:30 am - <b>Salvation Army Westminster Park</b> 5:15 pm - <b>Centre of Hope</b> 5:30 - 6:30 pm - <b>Wesley Knox</b>	29 12-2 pm - <b>At^Iohsa</b> 5:30 pm - <b>First St Andrew's</b>	30 9-11 am - <b>Bishop Cronyn Memorial Church</b> 12-2 pm - <b>At^Iohsa</b> 5:30-7 pm - <b>Robinson Memorial</b>	31 11-12:30 pm - <b>Salvation Army Westminster Park</b> 11-1 pm - <b>Salvation Army Hillcrest</b> 12-2 pm - <b>At^Iohsa</b> 5:15 pm - <b>Centre of Hope</b> 5:30 pm - <b>Dundas Centre United</b>				
<b>MEALS FOR INDIVIDUALS AND FAMILIES IN NEED</b>  Addresses and food banks listed on reverse		5-6:30 pm Sun & Wed 8-9:30 pm Fri & Sat ( <i>light meal</i> ) <b>Street Connection</b> (16-24 yrs)  7 pm Mon-Sat; Sun as posted <b>Ark Aid Street Mission</b>		<u><b>DAILY MEALS</b></u>  7-10 am and 5 pm Monday - Friday <b>Youth Action Centre</b> (16-23 yrs) 12-1 pm Monday to Friday <b>My Sister's Place</b> (women only 16 years and older)		<u><b>St Joseph's Hospitality Centre</b></u>  9:30-11am & 12noon-2pm Mon-Fri, <b>ID required</b>  Daily fee: .50 breakfast; \$1.00 lunch Monthly: \$10 breakfast; \$15 lunch; \$25 both	