

# September 2010 Meals & Food Banks - A project of the Hunger Relief Action Coalition

# Meal Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 5:15 pm - Centre of Hope	2	3 5:30 pm - Metropolitan United	4 9-11 am - St. James Westminster 5-6 pm - St John
5 5:15 pm - Centre of Hope 5:30-6:30 pm - Trinity United	6 <b>Labour Day</b>	7 9-11 am - Bishop Cronyn Memorial Church 5:30-7 pm - Robinson Memorial	8 5:15 pm - Centre of Hope	9 5:30-6:30 pm - First Baptist Church	10 5:30 pm - Metropolitan United	11 9-11 am - Wesley Knox 9-11 am - St. Luke's 5-6 pm - St John
12 9-9:30 am - Salvation Army Westminster Park 5:15 pm - Centre of Hope 5:30 pm - Wellington United	13 5:30 pm - First St Andrew's	14 9-11 am - Bishop Cronyn Memorial Church 5:30-7 pm - Robinson Memorial	15 11-12:30 pm - Salvation Army Westminster Park 11-1 pm - Salvation Army Hillcrest 5:15 pm - Centre of Hope 5:30 pm - Dundas Centre United	16 5:30- 6:30 pm - New St. James Presbyterian	17 5:30 pm - Metropolitan United	18 9-10:30 am - Rowntree 9-11 am - Calvary United 5-6 pm - St John
19 9-9:30 am - Salvation Army Westminster Park 5:15 pm - Centre of Hope 5-6 pm - St. Martin of Tours Church 5-7 pm - Beth Emmanuel 5:30-7 pm - Grace United Church	20 5:30 pm - First St Andrew's	21 9-11 am - Bishop Cronyn Memorial Church 5:30-7 pm - Robinson Memorial 7:30-10:30 am - East London Anglican Ministries	22 11-12:30 pm - Salvation Army Westminster Park 11-1 pm - Salvation Army Hillcrest 5:15 pm - Centre of Hope	23 5:30- 6:30 pm - New St. James Presbyterian	24 5:30 pm - Metropolitan United	25 9-11 am Christ Anglican 9-11 am St Martin of Tours Church 5-6 pm - St John
26 9-9:30 am - Salvation Army Westminster Park 5:15 pm - Centre of Hope 5:30-6:30 pm - Wesley Knox	27 5:30 pm - First St Andrew's	28 9-11 am - Bishop Cronyn Memorial Church 5:30-7 pm - Robinson Memorial	29 11-12:30 pm - Salvation Army Westminster Park 11-1 pm - Salvation Army Hillcrest 5:15 pm - Centre of Hope	30 5:30- 6:30 pm - New St. James Presbyterian		
<b>MEALS FOR INDIVIDUALS AND FAMILIES IN NEED</b>  Addresses and food banks listed on reverse	5-6:30 pm Sun & Mon 8-9:30 pm Fri & Sat ( <i>light meal</i> ) <b>Street Connection</b> (16-24 yrs)  7 pm Mon-Sat; Sun as posted <b>Ark Aid Street Mission</b>		<b>DAILY MEALS</b> 7-10 am and 5 pm Monday - Friday <b>Youth Action Centre</b> (16-23 yrs)  12-1 pm Monday to Friday <b>My Sister's Place</b> (women only 16 years and older)		7-9 pm Tuesday & Thursday <b>Streetlight Bus</b> First Baptist Church 568 Richmond Street <b>Youth 16 - 25 yrs.</b>	
<p align="center"><b>St Joseph's Hospitality Centre</b></p> <p>9:30-11am &amp; 12noon-2pm Mon-Fri, ID required</p> <p>Daily fee: .50 breakfast; \$1.00 lunch Monthly: \$10 breakfast; \$15 lunch; \$25 both</p> <p align="right"><b>**Closed Monday September 6<sup>th</sup>**</b></p>						