

## MEAL PROGRAMS

### At^Iohsa

343 Richmond St., Entrance is on York Street

### Ark Aid Street Mission Inc

696 Dundas St at Lyle St

### Beth Emmanuel Church

430 Grey St between Colborne / Maitland St

### Bishop Cronyn Memorial Church

442 William St at Queens Ave

### Calvary United Church

290 Ridout St S at Garfield Ave

### Centre of Hope (Salvation Army Hostel)

281 Wellington St at Horton St

### Christ Anglican Church

138 Wellington St at Hill St

### Church of St John the Evangelist

280 St James St at Wellington St

### Dundas Street Centre United Church

482 Dundas St at Maitland St

### East London Anglican Ministries

2060 Dundas St E

### Elmwood Presbyterian Church

111 Elmwood Ave E at Cathcart St (5<sup>th</sup> Saturday)

### First Baptist Church

568 Richmond Street

### First St Andrew's United Church

350 Queens Ave at Waterloo St

### Grace United Church

818 Hamilton Road at Glenwood Ave

### London Jewish Community Centre

536 Huron St

### Metropolitan United Church

468 Wellington St at Dufferin Ave

### My Sister's Place

546 King St at William St

### New Life Centre

220 Adelaide St N at Hamilton Rd

### New St. James Presbyterian

280 Oxford St. E

### Robinson Memorial United Church

1061 Richmond St at Sherwood Ave

### Rowntree Memorial United Church

156 Elliot St at Cheapside St

### St James Westminster Church

115 Askin St at Wortley Rd

### St Joseph's Hospitality Centre

707 Dundas St at Lyle St

### St. John the Evangelist

280 St. James Street

### St. Luke's Anglican

1204 Richmond St. N.

### St Martin of Tours Church

46 Cathcart St at Elmwood Ave E

### Salvation Army Hillcrest (Church)

310 Vesta Rd., corner of Huron & Highbury

### Salvation Army Westminster Park Corps (Church)

1190 Southdale Rd.

### Street Connection

258 Horton St at Wellington

### Trinity United Church

76 Doulton at Hale one block south of Dundas

### Wellington United Church

156 Wellington St. at Grey St.

### Wesley Knox United Church

91 Askin St at Teresa St

### Youth Action Centre

141 Dundas St (Lower)

### Supporting Organizations

St. Aidan's Anglican / Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colborne Street United Church, Trinity Lutheran Church, New St. James Presbyterian Church, St. Michael's Roman Catholic Church, Metropolitan United Church

## FOOD BANKS

*Food Banks usually provide a one to three day supply of food, once a month to once every three months, per individual or family. Proof of home address or identification for each family member may be required.*

### Centre of Hope, Community Services

281 Wellington St at Horton St 8:00 am – 3:30pm - Mon-Fri

No appointment required – call (519) 661-0343 ext 227

**\*Note-Clients may not visit both Centre of Hope and Salvation Army Foodbanks**

Salvation Army Westminster Park

1190 Southdale Rd., Wednesday 12 – 1pm

### Chalmers Presbyterian Church

342 Pond Mills Rd at Commissioners Rd E., 1:00 – 2:00 pm Tuesday & Thursday

Residents of the area only, appointment required, call (519) 681-7242

### Crouch Neighbourhood Resource Centre

Baby food/formula/diapers and food items available on an emergency basis only, 550 Hamilton Rd. Tuesday, Wednesday 9 am – 12 noon, Thursday, Friday 9 am – 4 pm.

*For residents of the Hamilton Road area only*

### Daily Bread Program

Daily Bread Program, St. Paul's Cathedral, 472 Richmond St. at Queens Avenue

9:30 am - 12 pm, Monday to Friday - Baby Food is available.

### Families First CAPC White Oaks (South London Community Centre)

1119 Jalna Blvd. 9:30am – 4:30 pm Monday – Friday

### Families First CAPC Westminster

1043 Southdale Rd. E. 9:30am – 4:30pm Monday - Friday

Baby food bank for Westminster area residents, call first, (519) 649-1248

### Fanshawe College, Student Sharing Shop

1460 Oxford St E, Room B1050 at First Ave / 9-4 Mon-Fri College students

only. *Note: if The Student Sharing Shop is closed please go to the Student Success Centre at Room F2010 for assistance*

### Gethsemane United Church

1461 Huron St. and Sandford St., Wednesday, Friday 10 am – 1 pm.

Appointment required. (519) 451-0600 Area Residents only

### Glen Cairn Community Resource Centre

150 King Edward Ave at Thompson Rd Monday, Wednesday, Thursday & Friday 9:00 –

4:30, Tuesday 11:30 – 7:00.

Emergency & Baby Food Bank available to residents of Glen Cairn & Pond Mills Community. Please call ahead for availability of items (519) 668-2745.

### London and Area Food Bank –

**\*\*Note - Permitted postal code areas only for each depot**

926 Leathorne at Adelaide – (519) 659-4045 9-4 Mon-Fri – All London & Area

**Satellite Locations:** (Note: You **may not** visit both the Main and Satellite locations)

Argyle Food Depot, (Richards Memorial United Church – Clarke Road Entrance – across from Argyle Mall), 10-3:30 (2<sup>nd</sup> Thursday) **N5V, N5W**

St. Lawrence Church, 910 Huron St, 11-3:30 (3<sup>rd</sup> Wednesday) **N5V, N5Y**

New Life Centre, 220 Adelaide St N, 1-5 (3<sup>rd</sup> Thursday) **N6B, N5W, N5Z,**

Kinsmen Food Depot, Kinsmen Recreation Centre, 11 – 3 (3<sup>rd</sup> Friday) **N6A, N6C, N6H, N6J**

NW Food Bank Depot at Northwest London Resource Centre 1225 Wonderland Rd N. c/o Sherwood Forest Library, 10 am – 3:30 pm. (3<sup>rd</sup> Tuesday) **N6G, N6H**

### Northwest London Resource Centre

Emergency Cupboard for northwest residents only N6G N6H at Resource Ctr.

Tuesday – Thursday, Appointment Required. Call first (519) 471-8444.

### St Vincent de Paul Society Vouchers

Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A food voucher may be issued.

### St. Paul's Cathedral

Daily Bread Program – 472 Richmond St (at Queens Ave)

9:30 am – 12:00 pm, Monday to Friday – Baby Food is available

### Southdale Chaplaincy Centre

983 Southdale Rd. E.

Baby food bank for Westminster area residents (519) 685-2771

### The University of Western Ontario, USC Food Bank – UWO Students only

24-hour anonymous food hamper system; e-mail usc.foodbank@uwo.ca to request a hamper. Locker number and combination provided to pick up the food hamper; Baby food and food vouchers available

### White Oaks United Church

1901 Jalna Blvd at Southdale Rd E

Monday and Wednesday 1-3 pm, Saturday 9-12 noon

Residents of the area only, appointment required, call (519) 681-3229

### Youth Action Centre

141 Dundas St (Lower)

7-10 am and 3-8 pm Mon-Fri, 1-4 pm Sat from the 15<sup>th</sup> to the end of the month for youth 16 to 23 years. Baby Food Bank is open all month when supplies are available.

### Start Up A Collective Kitchen

For more information on how to start up a Collective Kitchen in your neighbourhood please call London Community Resource Centre (519) 432-1801 ext. 223.