

MEAL PROGRAMS

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343 Richmond St., Entrance is on York Street

Ark Aid Street Mission Inc

696 Dundas St at Lyle St

Beth Emmanuel Church 430 Grey St between Colborne/Maitland St

Bishop Cronyn Memorial Church
442 William St at Queens Ave

Calvary United Church

290 Ridout St S at Garfield Ave

Centre of Hope (Salvation Army Hostel)

281 Wellington St at Horton St

Christ Anglican Church

138 Wellington St at Hill St

Church of St John the Evangelist

280 St James St at Wellington St

Dundas Street Centre United Church

482 Dundas St at Maitland St

East London Anglican Ministries

2060 Dundas St E

Elmwood Presbyterian Church

111 Elmwood Ave E at Cathcart St (5th Saturday)

First Baptist Church

568 Richmond Street

First St Andrew's United Church

350 Queens Ave at Waterloo St

Grace United Church

818 Hamilton Road at Glenwood Ave

InterCommunity Health Centre-North East

#7 – 1355 Huron St

Metropolitan United Church

468 Wellington St at Dufferin Ave

My Sister's Place

546 King St at Williams St

New Life Centre

220 Adelaide St N at Hamilton Rd

New St. James Presbyterian

280 Oxford St. E

Robinson Memorial United Church

1061 Richmond St at Sherwood Ave

Rowntree Memorial United Church

156 Elliot St at Cheapside St

St James Westminster Church

115 Askin St at Wortley Rd

St Joseph's Hospitality Centre

707 Dundas St at Lyle St

St. John the Evangelist

280 St. James Street

St. Luke's Anglican

1204 Richmond St. N.

St Martin of Tours Church

46 Cathcart St at Elmwood Ave E

Salvation Army Hillcrest (Church)

310 Vesta Rd., corner of Huron & Highbury

Salvation Army Westminster Park Corps (Church)

1190 Southdale Rd.

Street Connection

258 Horton St at Wellington

Trinity United Church

76 Doulton at Hale one block south of Dundas

Victory Heights Baptist Church

123 Chesterfield Ave., corner of Thompson Rd. and Chesterfield

Wellington United Church

156 Wellington St. at Grey St.

Wesley Knox United Church

91 Askin St at Teresa St

Youth Action Centre

141 Dundas St (Lower)

Supporting Organizations

St. Aidan's Anglican / Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colborne Street United Church, Trinity Lutheran Church, New St. James Presbyterian Church, St. Michael's Roman Catholic Church, Metropolitan United Church

FOOD BANKS

Food Banks usually provide a one to three day supply of food, once a month to once every three months, per individual or family. Proof of home address or identification for each family member may be required.

Centre of Hope, Community Services

281 Wellington St at Horton St 8:00 am – 3:30pm - Mon-Fri

No appointment required – call 519-661-0343 ext 227

***Note-Clients may not visit both Centre of Hope and Salvation Army Foodbanks**

Salvation Army Westminster Park

1190 Southdale Rd., **Wednesday 12 – 1pm**

Chalmers Presbyterian Church

342 Pond Mills Rd at Commissioners Rd E., 1:00 – 2:00 pm Tuesday & Thursday

Residents of the area only, appointment required, call 519-681-7242

Crouch Neighbourhood Resource Centre

Baby food/formula/diapers and food items available on an emergency basis only, 550 Hamilton Rd. Tuesday, Wednesday 9 am – 12 noon, Thursday, Friday 9 am – 4 pm.

For residents of the Hamilton Road area only

Daily Bread Program

Daily Bread Program, St. Paul's Cathedral, 472 Richmond St. at Queens Avenue

9:30 am - 12 pm, Monday to Friday - Baby Food is available.

Families First CAPC White Oaks (South London Community Centre)

1119 Jalna Blvd. 9:30am – 4:30 pm Monday – Friday

Families First CAPC Westminster

1043 Southdale Rd. E. 9:30am – 4:30pm Monday - Friday

Baby food bank for Westminster area residents, call first, 519-649-1248

Fanshawe College, Student Sharing Shop

1460 Oxford St E, Room B1050 at First Ave / 9-4 Mon-Fri College students

only. *Note: if The Student Sharing Shop is closed please go to the Student Success*

Centre at Room F2010 for assistance

Gethsemane United Church

1461 Huron St. and Sandford St., Wednesday, Friday 10 am – 1:00 pm.

No appointment required. 519-451-0600

Glen Cairn Community Resource Centre

150 King Edward Ave at Thompson Rd Monday, Wednesday, Thursday & Friday 9:00 –

4:30, Tuesday 11:30 – 7:00.

Emergency & Baby Food Bank available to residents of Glen Cairn & Pond Mills

Community. Please call ahead for availability of items 519-668-2745.

London and Area Food Bank – note permitted postal codes areas only for each depot

926 Leathorne at Adelaide – 519-659-4045 9-4 Mon-Fri – All London & Area

Satellite Locations: (Note: You **may not** visit both the Main and Satellite locations)

Argyle Food Depot, (Richards Memorial United Church – Clarke Road Entrance – across from Argyle Mall), 10-3:30 (2nd Thursday) **N5V, N5W**

St. Lawrence Church, 910 Huron St, 11-4:00 (3rd Wednesday) **N5V, N5Y**

New Life Centre, 220 Adelaide St N, 1-5 (3rd Thursday) **N6B, N5W, N5Z,**

Kinsmen Food Depot, Kinsmen Recreation Centre, 11 – 3 (3rd Friday) **N6A, N6C, N6H, N6J**

NW Food Bank Depot at Northwest London Resource Centre 1225 Wonderland Rd N. c/o Sherwood Library, 10 am – 3:30 pm. (3rd Tuesday) **N6G, N6H**

Northwest London Resource Centre

Emergency Cupboard for northwest residents only (N6G/N6H) at Resource Ctr.

Tuesday – Thursday, Appointment Required. Call first 519-471-8444.

St Vincent de Paul Society Vouchers

Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A food voucher may be issued.

St. Paul's Cathedral

Daily Bread Program – 472 Richmond St (at Queens Ave)

9:30 am – 12:00 pm, Monday to Friday – Baby Food is available

Southdale Chaplaincy Centre, 983 Southdale Rd. E.

Baby food bank for Westminster area residents 519-685-2771

The University of Western Ontario, USC Food Bank – UWO Students only

24-hour anonymous food hamper system; e-mail usc.foodbank@uwo.ca to

request a hamper. Locker number and combination provided to pick up the

food hamper; Baby food and food vouchers available

White Oaks United Church

1901 Jalna Blvd at Southdale Rd E Monday and Wednesday 1-3 pm, Saturday 9-12

noon

Residents of the area only, appointment required, call 519-681-3229

Youth Action Centre

141 Dundas St (Lower)

7-10 am and 3-8 pm Mon-Fri, 1-4 pm Sat from the 15th to the end of the month for youth

16 to 23 years. Baby Food Bank is open all month when supplies are available.

Start Up A Collective Kitchen

For more information on how to start up a Collective Kitchen in your neighbourhood

please call London Community Resource Centre 519-432-1801 ext. 223.